Jaelline Jaffe, Ph.D., LMFT
4910 Van Nuys Blvd., Suite 111, Sherman Oaks, CA 91403
Mailing Address: PO Box 1314, Studio City CA 91614

CONFIDENTIAL CLIENT COACHING INFORMATION FORM -- ADOLESCENT
PLEASE USE BLACK OR BLUE INK

GENERAL INFORMATION Today's Date _____

Client's Name _____ Referred by _____

Address _____City/State _____ Zip _____ Home Phone ( ) _____

Client Cell Phone ( ) _____ Client e-mail address: _____

Birthdate _____ Age _____ Gender Identity _____ Pronouns Used _____

Parent/Guardian Name _____ Occupation _____ Employer _____

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Parents' Cell Phones _____ Parents' emails _____

Purpose for today's consultation: _____

SCHOOL INFORMATION (Child/Adolescent)

Name of minor's school _____ City _____Phone ( ) _____

Grade ____ School Counselor _____ Grades in current classes _____

Favorite Subjects _____ Least Favorite _____

Extracurricular Activities _____

PERSONAL / FAMILY INFORMATION Parents' Marital Status _____

If divorced or not with parent, who has legal custody? _____ physical custody? _____

what is visitation arrangement? _____ Names/ages of siblings _____

Emergency Contact: Name _____ Relationship _____ Phone(s) ( ) _____

Pregnancy and Birth History: Full Term _____ Premature _____ Adopted _____

Any unusual circumstances or difficulties with the pregnancy or post-partum? _____

FINANCIAL INFORMATION Preferred Payment – select Option 1 or 2

1. ___ Credit Card (VISA, MC, Discover, AmEx, HSA, debit)

   Billing will appear on statement as IVY Pay (Upload card to IVY Pay when you receive first bill for $0)

2. ___ Zelle (to JaellineJaffePhD@gmail.com) **Credit Card must also be on file as back up to Zelle (as above)**

CONFIDENTIAL HISTORY

Are you CURRENTLY seeing a psychotherapist, counselor, or coach? _____ If so:

Name _____ Phone ( ) _____

For how long? _____ For what purpose(s)? _____

Have you PREVIOUSLY seen a psychotherapist, counselor or coach? _____ If so: When? _____

For how long? _____ For what purpose(s)? _____ Results _____

If you have had difficulties with any of the following, please explain:

_____ Learning disabilities/academic problems? _____

_____ Alcohol, drug, or tobacco dependence or frequent use? _____

_____ Eating disorder or Medical Problem? _____

_____ Legal problems? _____

_____ Self-injury or other addictive or compulsive behavior(s)? _____

_____ Depression or suicidal thoughts/attempts? _____

_____ Anxiety or panic attacks? _____

_____ Anger, arguments, domestic violence? _____

_____ Problems with boy/girlfriends or sexual matters? _____

_____ Other? _____

Please list stressful situations in your history (accident, hospitalization, separation from loved ones, traumatic event, etc.)
_____

What have you found has been helpful to you when you have felt depressed, anxious, etc.?
_____

MEDICATIONS AND MEDICAL HISTORY

Please list ALL prescription medications you are CURRENTLY taking:
_____

Please list any PREVIOUS medications you have taken for psychological purposes:
_____

How much/how often do you:

smoke cigarettes/vape _____ drink alcohol _____ drink caffeine (coffee/cola/chocolate) _____

use any other drugs (marijuana, cocaine, ecstasy, etc) _____

Date of last medical exam _____ Doctor's Name _____ Phone ( )_____

Other physical or medical conditions: _____

Tell me something else about you: _____